



Filippo

Age: 61

I'm married and live with my wife. I was an excellent tennis player, and now I'm a coach. Sport has meant something throughout my life.

Personality and interests

I've a healthy lifestyle I like playing music.

ORGANIZED DISORGANIZED



EXTROVERT INTROVERT



EMOTIONAL RATIONAL



I am confident that I'll be fine, but my body is giving me signs that things are not right.

Health Conditions

Apparently in good health but profound tiredness for 3 weeks

Medication & Therapies

Prescribed by doctor -

- Pain relievers Diuretics Cortisone Anxiolytics

Care Professional Concerns

The situation is worrying, and the prognosis may be fatal. The patient want to fight this battle.

How I prefer to interact with Healthcare providers

I've been admitted urgently to the hospital.

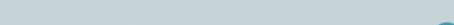
Doctors have diagnosed me with cancer. I've been 50 days in hospital after which I've returned home.

They have assigned many therapies with precise schedules. I've to follow precisely the prescriptions.

I've developed my scheme as if it like play a naval battle.

Sharing my health information

VERY WILLING VERY UNWILLING



Health routines

Medication list

I've orgnized the list like a naval battle.

Number of daily therapies

15 therapies

Frequency of routines (daily, weekly, monthly)

Daily therapies Every 2 days the doctor and nurse 1 time a week physiotherapist

Most time consuming or difficult activities

Naval battle setup

My most trusted advisors

Wife and daughter

No of HCP that I interact with 5

Pain Points/Problems

Medical

Tiredness and inappetite.

Social

I have turned off my phone, I don't want ear anyone

Psychological

I feel depressed and apctic. I hope to stay better soon.

Patient Health Engagement Model - Status



Autonomy

Impairment wheelchair

Self care ✓ Self management X Mental impediment X

VERY INDEPENDENT VERY DEPENDENT

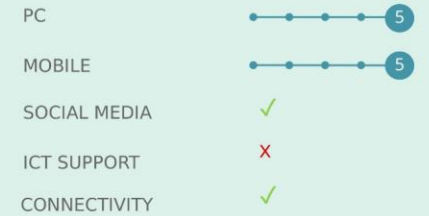


Health Literacy

VERY HEALTH LITERATE VERY HEALTH ILLITERATE



Digital Literacy



Support Network

I feel more and more tired and need help from my family.

Use of a personal health navigation tool

I would appreciate a tool that let me have more control on my health.

VERY WILLING VERY UNWILLING

