Gravitate Health

User Personas Introduction October 21, 2021

Gravitate Health Personas





Amália, 77, widow.

I live with my daughter and her husband.

I like to cook and embroider, and see soap operas, but lately my eye sight is getting worse.

- Type 2 Diabetes Mellitus
- Complications related to diabetes retinopathy and foot problems
- Reduced mobility
- Hypertension
- Eye sight makes it difficult to recognize my friends from distance
 - Adjusting insuline intake according to the blood glucosevalues
 - What to do when having a hypoglycaemia episode
 - Eating 2 in 2 hours for my blood sugar level to be stable
- 99 My eyesight is worsening, and I feel guilty for how much worry I give to my daughter.

To handle the health can be alone already problematic, I don't understand why they need to change medications boxes.



Gravitate Health Personas





Filippo, 61, married.

I am married and live with my wife.

I was an excellent tennis player, and now I'm a coach. Sport has meant something throughout my life.

- Apparently in good health but profound tiredness for 3 weeks.
- Urgently admitted to hospital
- Diagnosed with cancer. 50 days in hospital, then at home.
- The situation is worrying and the prognosis may be fatal.
- 😥 Tiredness and lack of appetite
 - Daily therapies. Every 2 days the doctor and nurse. Once a week physiotherapist.
 - Feels depressed and aptic.
- **?** I am confident that I'll be fine, but my body is giving me signs that things are not right.

Medication list: I've organised the list like a naval battle.



Gravitate Health Personas









Peter, 9



Maria, 83



Pedro, 42

